



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/SE/JS/2024

Dated: 23.09.2024

Circular No. Skill-83/2024

Heads of all the institutions
affiliated to CBSE

Subject: Guidelines for implementation of 10 Bagless Days in Schools – reg.

Dear Principal

As per the recommendation of NEP 2020, NCERT has developed Guidelines for the implementation of 10-bagless days in schools. These guidelines aim to make learning at school an experimental, joyful and stress-free experience for students. These guidelines are available at the following link:

<https://psscive.ac.in/storage/uploads/others/Guidelines/pdf/english/guidelines-for-implementation-of-10-bagless-days-in-school-english.pdf>

The concept of bagless days is designed to encourage students to engage in more hands-on and interactive activities. Without the burden of their bags, students can freely participate in various fun and educational activities such as art, music, sports, and vocational crafts like carpentry, gardening, pottery making and many more. These activities not only make learning more enjoyable but also help students develop practical skills and discover new interests and talents. The Bagless Days initiative aligns with the broader goals of the National Education Policy 2020, regarding holistic and experiential learning. The policy encourages schools to move away from rote memorization and focus more on developing critical thinking, creativity, and problem-solving skills. By incorporating hands-on activities and real-world experiences into the curriculum, schools can provide a more well-rounded education that prepares students for the challenges of the future.

Under these guidelines, students may visit historical monuments, cultural sites, craft canters, places of tourist interest and many more. They can meet local artists and craftsmen, which can broaden their understanding of different concepts and traditions, and help them appreciate the importance of preserving heritage. More importantly, it helps to inculcate a love for going to school every day. When students enjoy their school experience, they are more likely to be motivated to learn and to develop a lifelong love for education.

In view of above, you are requested to do the needful in this regard.

With Best Wishes

(Dr. Biswajit Saha)

Director (Skill Education)



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीट्यूशनल एरिया, नई दिल्ली-110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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Copy to the respective Heads of Directorates, Organizations, and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18, Institutional Area, Shaheed Jeet Singh Marg, Delhi -16.
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida - 201309.
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi – 110054.
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh – 160017.
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim – 737101.
6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar - 791 111.
7. The Director of Education, Govt. of Andaman & Nicobar Islands, Port Blair – 744101.
8. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini, Delhi-110085.
9. The Secretary, Sainik Schools Society, Room No.101, D-1 Wing, Sena Bhawan, New Delhi-110001.
10. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi – 110001.
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDR Building No. 202, Shankar Vihar, Delhi Cantt – 110010.
12. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
13. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005.
14. The Deputy Secretary to Chairman, CBSE - for kind information of the Chairman, CBSE.
15. Chief Innovation Officer, Ministry of Education Innovation Cell, AICTE, New Delhi - 110070.
16. All the Heads of Department of the Board.
17. All the Regional Directors/Regional Officers/Head-COEs, CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions for compliance.
18. Director/Deputy Secretary (Media & Public Relations), CBSE.
19. Joint Secretary (IT), CBSE, Rouse Avenue with the request to upload this notification on the CBSE Academic website.

Director (Skill Education)



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